

In preparation for the launch of our new online triage service from the 1<sup>st</sup> April 2025, the ability to use ask-First to access the surgery has now been switched off.

The following appointments are available to book on the NHS APP:

**Cervical Smears:** These appointments are for women and people with a cervix aged 25 to 64, who have been contacted for screening.

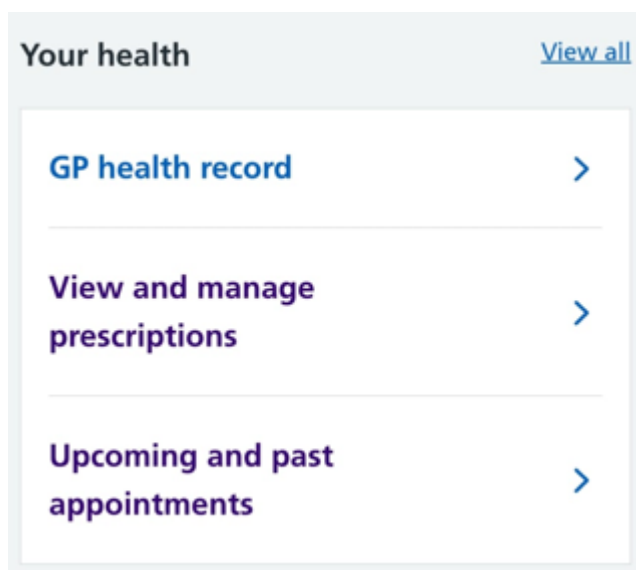
**NHS Health checks:** These appointments are for people who are **aged 40 to 74** who do not have a pre-existing condition. You should be invited to an NHS Health Check every 5 years. **\*\*Please note these appointments are with a Health Care Assistant, not a GP\*\***

**RSV Vaccines:** This vaccine is recommended if you are pregnant (from 28 weeks), aged 75 to 79 or if you turned 80 after 1 September 2024, you're eligible for the RSV vaccine until 31 August 2025. You're not eligible for the RSV vaccine if you turned 80 on or before 1 September 2024.

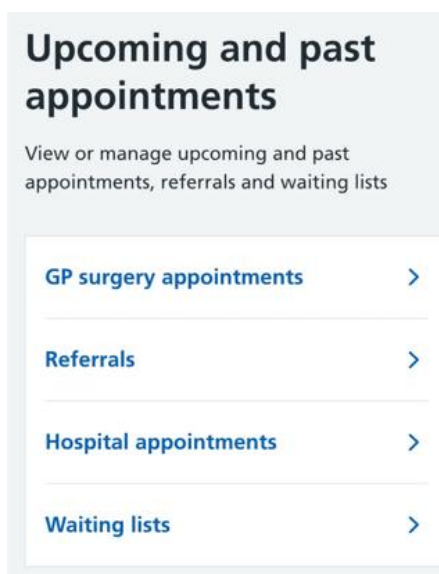
**Shingles Vaccine:** Shingles is recommended for all adults turning 65, those aged 70 to 79 and those aged 50 and over with a severely weakened immune system.

**To find these appointments on the NHS APP, follow these simple steps:**

1. Under “Your Health” pick “Upcoming and past appointments”



## 2. Select “GP Surgery Appointments”



3. Select the appointment type you need; the location is Poplar Grove Practice. We recommend keeping “Practice Member” set as no preference so all appointments are displayed

**Book a GP appointment**

Type of appointment

Select an Appointment

AGE 18 TO 64 AT RISK FLU APPOINTMENT

Location

Poplar Grove Practice

Practice member (optional)

No preference

Filter available appointments

Next 16 weeks

**Available appointments**

Unfortunately, the ability to book GP appointments will not be available through the NHS App or patient access once ask-First has been discontinued.