

CarersBucks

Carers Bucks – Dedicated to Supporting Carers

Carers Bucks is a charity that supports carers of all ages, from all communities who look after a friend or family member who cannot manage without them. This might be because they have a physical or learning disability, dementia, mental health problems, or a serious or life-limiting condition.

No matter how old you are or who you are caring for Carers Bucks is here to support you.

We offer:

- up to date advice and information on issues affecting carers
- courses to help you with your caring role
- a 24/7 emergency service (ICE) if you are unable to care because of an accident or illness
- support groups
- somebody to talk to in confidence
- information and advice for working carers
- small grants to support you in your caring role
- a Young Carers' project for children and young people from the age of 6 – 18 years

If you are a carer living in Buckinghamshire register with us and get the support you deserve.

Contact us on 0300 777 2722 (*calls charged at local rate*); email mail@carersbucks.org or visit our website at www.carersbucks.org

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